



Renegade Runners

Monthly Club Meeting
Saturday, December 17th, 2011

114-64 Merrick Blvd.
Jamaica, New York 11434
www.renegaderunners.com

Club Officers

President Monroe Morton
Vice President: Dino Riojas
VP, Membership: Maria Romano
Secretary: Sabrina Martin
Treasurer: Len Richards
Asst. Treasurer: Claudelle Trotman
Social Chair: Dana Rosales
Vice Social Chair: Arthur Vendryes
Webmaster: Dino Riojas
Newsletter Editor: Silver Chaudry

Renegade Monthly News

December Birthdays – Happy Birthday to Claudelle Trotman, Sabrina Martin, Brian Collison, Dora Silvera, Monroe Morton, Latasha Burnett, Frank Stonitsch, and Christine Bond!

Happy Holidays Renegades!



Committee Report

- **President**
 - Opening remarks
 - Welcome membership
- **Vice President**
 - Race results
 - Membership Dues for 2012 – Now Due in March
- **Club Secretary**
 - Upcoming Races
 - Follow up :
 - Annual Awards Committee - Award Committee Chair, Francois Michel
 - Club singlets and uniforms
 - VP Membership – Winter running safety
- **Treasurer**
 - Financial Report
- **Social Chairs**
 - Reminder - Annual Renegade Christmas Dinner - Dec. 17, at Port Royal Restaurant.
 - Renegade Annual Awards Dinner – January 28th, 7pm at Dougleston Manor.

Recent Race Results

Race Name	Race Date	Dist	NAME	SEX/AGE	BIB	OVPL	SEXPL	AGEPL	FINISH TIME	NET TIME	PACE
PPTC Turkey Trot 5 Mile	11/24/2011	5.0	Winthrop Jacobs	M56	179	59		1	0:33:21	0:33:17	6:39
			Vincent Morton	M54	386	98			0:35:14	0:35:10	7:02
			Reggie Lambert	M31	1444	99		25	0:35:15	0:35:11	7:02
			Francois Michel	M37	1337	123		19	0:36:21	0:36:18	7:16
			Dana Rosales	F33	1371	161		5	0:37:23	0:37:20	7:28
			Donovan Mulholland	M46	1442	360			0:41:31	0:41:26	8:17
			Anthony Riojas	M23	1394	489		33	0:43:22	0:42:46	8:34
			Maria Romano	F53	291	519		5	0:43:40	0:43:17	8:40
			Sabrina Martin	F23	1320	656		13	0:45:25	0:44:56	8:59
			Myrian Rangon	F44	1422	832		41	0:47:28	0:47:06	9:26
			Claudelle Trotman	F47	1864	834		19	0:47:29	0:47:00	9:24
			Jamere Shelby	F19	1407	1443		21	0:54:22	0:53:52	10:46
			Tricia Rhoden	F28	1540	1579		202	0:56:21	0:55:53	11:11
			Dino Riojas	M57	1395	1642		41	0:57:09	0:56:33	11:19
			Christine Bond	F43	1731	2150		144	1:20:27	1:17:55	15:35
Thanksgiving Trail Half Marathon	11/24/2011	13.1	Sal D'Amico	M35					2:14:00	2:14:00	10:13
Sri Chinmoy 5K	11/26/2011	3.1	Sal D'Amico	M35		23		5	0:22:30	0:22:30	7:15
			Maria Romano	F53		45		2	0:25:52	0:25:52	8:20
			Sabrina Martin	F23		53		3	0:26:44	0:26:44	8:36
			Claudelle Trotman	F47		69		5	0:28:40	0:28:40	9:14
			Tricia Rhoden	F28		107		19	0:33:29	0:33:29	10:47
Bellport Girls Track 5K	11/27/2011	3.1	Sal D'Amico	M35	1108	36		3	0:22:52	0:22:52	7:23
			Maria Romano	F53	1052	62		3	0:24:54	0:24:54	8:02
LIRRC 8K Duck Trot	11/27/2011	5.0	Sal D'Amico	M35	71	8		2	0:37:41	0:37:41	7:35
			Sabrina Martin	F23	72	32		1	0:44:55	0:44:55	9:02
NJ Trail Series Half Marathon	12/3/2011	13.1	Sal D'Amico	M35	480	14			2:20:42	2:20:42	10:44
Reggae Half Marathon	12/3/2011	13.1	Arthur Vendryes	M43	4416	16	16	4	1:33:30	1:33:30	7:08
			Len Richards	M50	4339	22	22	4	1:39:00	1:39:00	7:33
Jingle Bell Jog 6K	12/10/2011	3.7	Maria Romano	F53	3961	4352	2402	55	0:40:11	0:40:11	10:47
Staten Island 25K Trail Run	12/10/2011	15.5	Sal D'Amico	M35	282	28			2:58:36	2:58:36	11:30
Pete McArdle XC Classic 15K	12/11/2011	9.3	Cinthya Sandoval	F27	2305	166	35	9	1:20:37	1:20:37	8:41
			Sal D'Amico	M35	2507	249	180	34	1:32:11	1:32:11	9:55

Upcoming Races for December & January

Date	Time	Race	Location
12/18/11, Sun.	9:00 a.m.	LIRRC Santa 5k	Eisenhower Park
12/31/11, Sat.	11:59 p.m.	NYRR Emerald Nuts Midnight Run (4M)	Central Park
01/01/11, Sun.	9:30 a.m.	LIRRC New Years Day Hangover Fun Run (5M)^	Eisenhower Park
01/07/11, Sat.	8:00 a.m.	NYRR Joe Kleinerman 10K	Central Park
01/21/11, Sat.	8:00 a.m.	NYRR Manhattan Half**	Central Park

* Registration near capacity ** Registration is CLOSED ^Race is FREE