

Renegade Runners Club
Monthly Meeting
Saturday, September 26th, 2009
114-64 Merrick Blvd
Jamaica, New York 11434
Race Results

| Race Name | Date | Dist | Name | Sex | BIB | OvPI | SexPI | AgePI | Time | Pace |
|---------------------------------|----------|-------|-----------------|-----|-------|-------|-------|-------|---------|-------|
| Oyster Bay Tobay Triathlon | 08/30/09 | 13.05 | | | | | | | | |
| .62M swim, 9.32M bike, 3.1M run | | | Nelisa Roach | F25 | 1201 | 1019 | 315 | 50 | 1:56:50 | |
| Fitness Mind Body Spirit Games | 09/12/09 | 4.0 | | | | | | | | |
| | | | Anthony Riojas | M21 | 3742 | 1129 | 873 | 59 | 0:30:46 | 7:41 |
| Philadelphia Distance Run | 09/20/09 | 13.1 | | | | | | | | |
| | | | Cinthy Sandoval | F25 | 2267 | 1116 | 189 | 41 | 1:36:06 | 7:20 |
| | | | Aurora Sandoval | F43 | 18467 | 11949 | 6157 | 782 | 3:08:34 | 14:23 |
| Queens Half Marathon | 09/20/09 | 13.1 | | | | | | | | |
| | | | Len Richards | M48 | 2889 | 265 | 252 | 19 | 1:33:16 | 7:07 |
| | | | Francois Michel | M34 | 803 | 294 | 277 | 66 | 1:33:52 | 7:09 |
| | | | Dino Riojas | M55 | 5596 | 4166 | 2555 | 75 | 2:20:25 | 10:43 |
| | | | Myrian Rangon | F41 | Walk | 4664 | 1947 | 148 | 2:32:45 | 11:39 |

❖ Committee Report

- President
 - A) Overview of recent club races
 - B) Member(s) requesting uniforms
 - C) Election to be held on November 28th 2009 (Reminder)
- Vice President
 - A) October Races: Bed Stuy 10K, Inwood5K, SI Half.
 - B) Training T-shirts
- Treasurer
 - A) Overview of financial statement
 - B) Surplus (Allocated)
- Social Chairman
 - A) Holiday Party/Potluck
 - Location & Time (TBD)

Breaking News

The International Association of Athletics Federations (IAAF) is ready to disqualify Semenya from future events and advise her to have immediate surgery because her condition carries grave health risks. They have also not ruled out stripping Semenya of her 800m-world championships gold medal. Semenya, 18, has three times the amount of testosterone that a "normal" female would have. According to a source closely involved with the Semenya examinations IAAF testing, which included various scans, has revealed she has internal testes - the male sexual organs which produce testosterone.

-SYDNEY DAILY TELEGRAPH

Q & A