Maria Romano

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Test Results

Congratulations on successfully completing the USA Track & Field Level 1 Coaching Education program!

You scored a 83.5% on the exam, which is a passing score (see scoring breakdown below). Hopefully by having passed the exam, as well as having attended the classroom instruction, you have a better understanding of coaching concepts for track & field.

Please print this page as verification of your successful completion of the Level 1 program. You will receive (via postal mail) a Level 1 Certificate of Completion, suitable for framing. Please note certificates are processed at the end of each month, and it may take up to six weeks to receive your certificate.

USA Track & Field encourages you to continue your education. USATF's Coaching Education program is structured as a progressive learning environment. By having completed the Level 1 course, you are now eligible to apply for a Level 2 course where, if accepted into the program (see requirements on the Level 2 page), you can focus on a specific track & field event group.

You are also eligible to purchase exclusive Level 1 Coaching Education merchandise.

USA Track & Field thanks you for being a part of the program. For more information, please visit the Coaching Education section of the website.

Scoring Breakdown

The chart below show a breakdown of the number of questions you answered correctly for each topic covered by the exam.

Topic	Correct/Total
Philosophy, Ethics, and Risk Management	6/8
Psychology	14/14
Physiology	14/18
Biomechanics	11/14
Training Theory	11/14
Biomotor Training for the Speed and Power Events	12/18
The Sprint Events	11/12
The Hurdle Events	11/12
The Relay Events	8/8
The Jumping Events	25/32
The Throwing Events	29/32
The Endurance Events	13/15
The Racewalking Events	2/3

VISA GILL ATHLETICS

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