

**From:** Claudelle <trot1263@aol.com>  
**To:** coachdino <coachdino@aol.com>  
**Subject:** Re: Test Results  
**Date:** Sat, Oct 29, 2011 8:04 pm

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## Test Results

### **Congratulations on successfully completing the USA Track & Field Level 1 Coaching Education program!**

You scored a 86.0% on the exam, which is a passing score (see scoring breakdown below). Hopefully by having passed the exam, as well as having attended the classroom instruction, you have a better understanding of coaching concepts for track & field.

Please print this page as verification of your successful completion of the Level 1 program. Within a few weeks, you also will receive (via postal mail) a Level 1 Certificate of Completion, suitable for framing.

USA Track & Field encourages you to continue your education. USATF's Coaching Education program is structured as a progressive learning environment. By having completed the Level 1 course, you are now eligible to attend a [Level 2 course](#) where you can focus on specific track & field event groups.

You are also eligible to purchase [exclusive Level 1 Coaching Education merchandise](#).

USA Track & Field thanks you for being a part of the program. For more information, please visit the [Coaching Education section](#) of the website.

Date completed: 10/29/2011 3:28:51 PM PT

### **Scoring Breakdown**

The chart below show a breakdown of the number of questions you answered correctly for each topic covered by the exam.

<u>Topic</u>	<u>Correct/Total</u>
Philosophy, Ethics, and Risk Management	8/8
Psychology	13/14
Physiology	14/18
Biomechanics	12/14
Training Theory	13/14
Biomotor Training for the Speed and Power Events	15/18
The Sprint Events	11/12
The Hurdle Events	11/12
The Relay Events	7/8
The Jumping Events	29/32
The Throwing Events	26/32
The Endurance Events	11/15
The Racewalking Events	2/3
Levels of Education	
<a href="#">Fundamentals of Coaching</a> <a href="#">Level 1</a> <a href="#">Level 2</a> <a href="#">Level 3</a>	